



Calabasas Athletic Center

Weight & Shape M.A.P.™ Success!



Highlights of Kathy's Success

- Lost over 14 pounds
- Has more energy
- Looks fantastic
- Making new friends in classes

Testimonial "Working out at the Calabasas Athletic Center is the best experience, with classes in the morning and afternoon. Spin, Yoga, Boot Camp, Pilates Mat are all led by topnotch, enthusiastic instructors. No matter how busy my schedule is, there are always classes available to help me stay in shape. Calabasas Athletic Center makes it fun to work out and stay fit."